



Pre-K ACE Breakfast & Lunch Menu OCTOBER 2019

Student Breakfast - \$1.25*
Adult Breakfast - \$1.60
Student Lunch - \$2.65*
Adult Lunch - \$3.55
**unless eligible for free/reduced meal program*

- Fresh fruits and vegetables served daily.
- (V) Denotes vegetarian item
- (P) Denotes pork item
- All meals offered with 1% milk

 *Menu subject to change

STAY UP TO DATE
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Monday

NO SCHOOL

7
BREAKFAST
 Chocolate Muffin & Hardboiled Egg (V)
 Mandarin Oranges
LUNCH
 Spaghetti with Meat Sauce
 Celery
 Apple Juice

14
NO SCHOOL

21
BREAKFAST
 Blueberry Muffin & Cheese Stick (V)
 Orange Slices
LUNCH
 Pizza Sticks (V)
 Baby Carrots
 Apple Juice

28
BREAKFAST
 Chocolate Muffin & Hardboiled Egg (V)
 Strawberries
LUNCH
 Chicken Tenders
 Broccoli
 Orange Slices

Tuesday

1
BREAKFAST
 Rice Krispies Cereal & Hardboiled Egg (V)
 Apple Slices
LUNCH
 Chicken Sandwich
 Tomato Wedges
 Blueberries

8
BREAKFAST
 Soft Pretzel & Cheese Stick (V)
 Pear Slices
LUNCH
 BBQ Chicken Sandwich
 Tater Bites
 Orange Slices

15
BREAKFAST
 Soft Pretzel & Cheese Stick (V)
 Apple Slices
LUNCH
 Chicken Sandwich
 Celery Sticks
 Watermelon

22
BREAKFAST
 Rice Krispies Cereal & Hardboiled Egg (V)
 Pear Slices
LUNCH
 Chicken Sandwich
 Pinto Beans
 Blueberries

29
BREAKFAST
 Soft Pretzel & Cheese Stick (V)
 Orange Slices
LUNCH
 Cheese Quesadilla (V)
 Refried Beans
 Watermelon

Wednesday

2
BREAKFAST
 Pancakes with Chicken Sausage
 Blueberries
LUNCH
 Cheeseburger
 French Fries
 Honeydew

9
BREAKFAST
 Waffles with Bacon (P)
 Orange Slices
LUNCH
 Cheeseburger
 Roasted Carrots
 Strawberries

16
BREAKFAST
 Waffles with Bacon (P)
 Watermelon
LUNCH
 Cheeseburger
 Coleslaw
 Orange Slices

23
BREAKFAST
 Pancakes with Chicken Sausage
 Blueberries
LUNCH
 Cheeseburger
 French Fries
 Apple Wedges

30
BREAKFAST
 Waffles with Bacon (P)
 Watermelon
LUNCH
 Cheeseburger
 Grape Tomatoes
 Fruit Juice

Thursday

3
BREAKFAST
 Soft Pretzel & Cheese Stick (V)
 Honeydew
LUNCH
 Chicken Penne Alfredo
 Roasted Zucchini
 Applesauce

10
BREAKFAST
 Cheerios & Cheese Stick (V)
 Strawberries
LUNCH
 Hot Dog
 Baked Beans
 Pineapple

17
BREAKFAST
 Cheerios & Cheese Stick (V)
 Orange Slices
LUNCH
 Mini Corn Dogs
 Baby Carrots
 Pineapple

24
BREAKFAST
 Soft Pretzel & Hardboiled Egg (V)
 Apple Slices
LUNCH
 Mac & Cheese (V)
 Peas & Carrots
 Orange Slices

31
BREAKFAST
 Rice Krispies Cereal & Cheese Stick (V)
 Apple Slices
LUNCH
 Mini Corn Dogs
 Veggie Blend
 Strawberries

Friday

4
BREAKFAST
 Cheerios & Cinnamon Toast (V)
 Banana
LUNCH
 Cheese Pizza (V)
 Cucumber
 Orange Juice

11
BREAKFAST
 Blueberry Muffin & Hardboiled Egg (V)
 Fruit Salad
LUNCH
 Pepperoni Pizza (P)
 Broccoli
 Orange Juice

18
BREAKFAST
 Chocolate Muffin & Hardboiled Egg (V)
 Pineapple Tidbits
LUNCH
 Cheese Pizza (V)
 Broccoli
 Banana

25
BREAKFAST
 Cheerios with Cinnamon Toast (V)
 Diced Peaches
LUNCH
 Cheese Pizza (V)
 Tomatoes & Broccoli
 Banana



This institution is an equal opportunity provider.